



# Dinner Ham

Order Code: 5655

## Nutrition Facts

Serving Size 3oz.  
Servings per container Varied

### Amount Per Serving

**Calories** 90 Calories from Fat 25

**% Daily Value\***

**Total Fat** 3g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 45mg **15%**

**Sodium** 770mg **32%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 15g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 4%



**Ingredients:** Cured with: Water, Salt, Sugar, Corn syrup, Sodium phosphates Hydrolyzed soy and Corn protien, Sodium Erythorbate, Sodium Nitrite .