



Boneless Cooked Water Added Ham

Order Code: 1020

Nutrition Facts

Serving Size 2oz. (56g)
Servings per container Varied

Amount Per Serving

Calories 60 Calories from Fat 17

% Daily Value*

Total Fat 2g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 30mg **15%**

Sodium 515mg **32%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 10g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 4%



Ingredients: Cured with Water, Salt, Sugar, Corn Syrup, Sodium Phosphates, Hydrolyzed Soy and Corn Protein, Sodium Erythorbate, Sodium Nitrite.