



# Boneless Cooked Water Added Ham

Order Code: 1020

## Nutrition Facts

Serving Size 2oz. (56g)  
Servings per container Varied

### Amount Per Serving

**Calories** 60 Calories from Fat 17

**% Daily Value\***

**Total Fat** 2g **5%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 30mg **15%**

**Sodium** 515mg **32%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 10g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 4%



**Ingredients:** Cured with Water, Salt, Sugar, Corn Syrup, Sodium Phosphates, Hydrolyzed Soy and Corn Protein, Sodium Erythorbate, Sodium Nitrite.